

# SAFETY MATTERS RISK MANAGEMENT NEWSLETTER

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## **Preparing for Emergencies:**

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# **NATIONAL PREPAREDNESS MONTH**

**OBJECTIVE** To raise awareness about the importance of emergency preparedness and reduce the impact of disasters.

Emergencies such as earthquakes, wildfires, floods, or acts of terrorism require a unique and flexible approach to preparedness, especially in an educational environment. As the calendar turns to September, we take the opportunity to recognize an essential national observance - National Preparedness Month. This serves as a poignant reminder of practical steps schools and districts can take to ensure the protection of students, faculty, and staff in cases of emergencies.

This week's edition will cover elements of both community and school preparation.

Since 2017, we have experienced disasters that have included droughts, floods, wildfires, mudslides, earthquakes, power shutoffs, and a worldwide pandemic. This year, we are encouraging our school communities to review their Emergency Operation Plans (EOP) and Comprehensive School Safety Plans (CSSP) to ensure an understanding of their school's emergency plan. It is essential to ensure that every student, faculty, and staff member, regardless of their



location, is educated about disaster preparedness. By teaching them how to plan, respond, and recover, we empower them to protect themselves, their families, and their communities. Incorporating disaster preparedness education into school curricula provides students and staff with life-saving skills and knowledge. They learn about creating emergency plans, assembling disaster supply kits, and understanding evacuation routes. These skills not only increase their personal safety but also contribute to building a more resilient and cohesive community.





## **Community Preparedness**

#### Preparedness 5 Ps

Below is a suggested list of some necessities you may need to have packed and ready to go, however, individual circumstances will vary:

#### • People/Pet Supplies

- Kennel, cat carrier, litter box, leash, water, food, toys, pet vaccination records.
- Prescriptions
  - For children, animals, seniors, and person with access/functional needs (along with equipment for daily treatments, additional power cords and batteries), oxygen, and hearing aids.
- Papers
  - Titles, Medicare, Medicaid, homeowners' insurance, medical records, credit cards, cash, copies of identification cards, passports, powers of attorney, wills, birth certificates, and car registrations.

#### • Personal Needs

 Clothes, sturdy shoes, cell phone chargers, laptop, glasses, contacts/solution, toothbrush, toiletries, hygiene products, wet wipes, wash clothes, towels, paper plates, cups, plastic utensils, flashlight with extra batteries, sleeping bag, first ad kid, infant formula and diapers.

- Priceless Items
  - Photos, heirlooms, jewelry, and other irreplaceable items.

#### **Essential Survival Kit Items**

According to <u>Ready.gov</u>, a basic/essential kit should include:

- Water: one gallon per person per day for several days, for drinking and sanitation.
- Food: at least a several-day supply of non-perishable food.
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting, scissors and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery







## **School Preparedness**

#### **Tips for Teachers and Staff**

A disaster or emergency can happen at any time. As teachers prepare their classroom for the new school year, the California Governor's Office of Emergency Services (Cal OES) encourages teachers, staff, parents and guardians to think ahead about emergency preparedness.

#### Talk to your students about your school's disaster/ emergency plan.

- Have a conversation with your students about what an emergency could be and how to be safe. Try introducing the topic to young students through pictures and activities.
- Be familiar with your school's emergency plan and learn where you can evacuate your students safely if needed.
- Teach your students how to properly shelter in place and how to take cover.
- Practice your plan before an emergency so everyone knows what to do if a disaster occurs.
- Talk to parents/guardians about your school's emergency preparedness plans and encourage at home preparedness planning.
- Ensure your student's emergency contact information is up-to-date, and they know who their emergency contact person is.

#### Create an individual disaster/emergency plan for all students with disabilities that may need extra assistance in an emergency. Consider the following needs:

- Notification of an emergency and communication
- Accessible evacuation routes
- Personal care assistance and supervision
- Shelter
- Medication and medical protocols

#### Consider These Topics for Inclusion in Your Emergency Plan

- Communications plan that includes a process for alerting the school/district, first responders, families/guardians, and other identified stakeholders that need notification.
- Consider the use of social media in your plan.
- Campus ingress and egress points.
- Campus lockdown procedures.
- Active Intruder/Shooter Response.
- Shelter in place and evacuation plans.
- Transportation plan.
  - How are you incorporating school or district transportation resources into evacuating or relocating students and personnel?
- Reunification of students with their families/guardians.







### **SEMS IN SCHOOLS**

The list below suggests ways that you can divide various emergency responsibilities among your site and district personnel and how SEMS (Standardized Emergency Management System) and ICS (Incident Command System) can be adapted to schools. Everyone will have some responsibilities based on their job, and some people will have additional emergency responsibilities.

#### Major Concepts/Components:

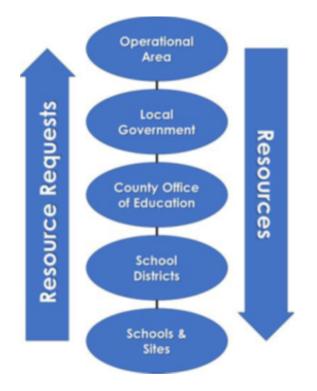
- Every emergency, no matter how large or small, requires certain tasks, specifically management, planning, operations, logistics, and finance/administration.
- The system can be expanded or contracted, depending on the situation and the immediate needs. One person can do more than one function.
- Every incident needs a person in charge, called the Incident Commander at the site level, or the Emergency Operations Center (EOC) Director at the district level.
- No one person should oversee more than five to seven people. [Note: this does not apply to Student Supervision.]
- Common terminology All faculty and staff in the school/district should use the same words to refer to the same actions. This terminology should be known and practiced before a disaster.

## Schools and SEMS: Where do schools fit into this model?

Depending on their location and circumstances, the mutual aid process may differ among operational areas, schools, school districts, and other jurisdictions. The variation is due to a few issues at the city and county level:

- Many school districts cover several cities, municipalities, and/or tribal jurisdictions.
- Several school districts are in unincorporated areas.
- Some school districts are in small cities that have insufficient resources even for their own needs.
- The role of each County Office of Education differs; therefore, schools and districts will need to know how their county will support them.

In the SEMS model, school sites and districts are considered special districts within the SEMS hierarchy of mutual aid support. Special Districts are below the local level and generally under the city or county jurisdiction. School sites and districts need to work with their County Office of Education to determine the types of support available during an emergency response. The figure below better illustrates schools and their mutual support during a disaster.







#### **The Four Phases of Emergency Management**

Emergency plans should include the four phases of emergency management which are prevention/mitigation, preparedness, response, and recovery. For example, if a county is developing plans to deal with a wildfire, then logically, the county would plan for how to prevent or mitigate its risk from wildfires, how it would prepare for a wildfire, how it would respond to the wildfire, and then lastly, how it would recover from the wildfire.

#### **Prevention-Mitigation**

 Defined as any sustained action taken to reduce or eliminate long-term risk to people and property from natural or human-caused hazards and their effects. This definition distinguishes actions that have a longterm impact from those more closely associated with immediate preparedness, response, and recovery activities.

#### **Preparedness**

 Involves activities undertaken in advance of an emergency to develop and enhance operational capacity to respond to and recover from an emergency. As part of a comprehensive preparedness program, the emergency management community (districts, counties, etc.) should develop plans and procedures, maintain prevention programs, manage resources, establish mutual aid agreements, train personnel, and educate the schools.

#### Response

 Activities are comprised of the immediate actions to save lives, protect property, and the environment, and meet basic human needs. An example is evacuating school children to higher ground during a tsunami emergency. It is important to have points of contacts from the following partners: local law enforcement, fire departments, local Office of Emergency Services, County Department of Education, the American Red Cross, and other local resources that can assist.

#### Recovery

 Recovery refers to actions to restore the learning environment for schools affected by an event. Recovery is an extended period that blends into the "before" timeframe of the next hazard event for a community and should include steps to build back better so that future natural hazards have lesser impacts.

National Disaster Preparedness Month in September offers a unique opportunity to integrate crucial life skills into school curricula. By equipping students, faculty, and staff with knowledge, skills, and a sense of responsibility, we can contribute to the creation of a more disaster-resilient society. Schools play a pivotal role in shaping the preparedness mindset of future generations. By embracing this responsibility, educators and communities can work together to ensure that no one is caught unprepared in the face of adversity.

## **References for Additional Resources**

Ready.gov – National Preparedness Month Weather.gov – September Redcross.org – 30 Days of Preparedness CalOES – CA Emergency Management for Schools: A Guide for Districts and Sites CalOES – Tips for Teachers FEMA Multi-hazard Emergency Planning for Schools Toolkit NFPA Emergency Evacuation Planning Guide for People with Disabilities The "I Love U Guys" Foundation – Standard Response Model

This California Schools JPA fact sheet is not intended to be exhaustive. The discussion and best practices suggested herein should not be regarded as legal advice. Readers should pursue legal counsel or contact their insurance providers to gain more exhaustive advice.