

Riverside Community College District
EMPLOYEE WELL-BEING SUB-COMMITTEE
October 29, 2025

Agenda

Charge:

A permanent sub-committee serving as an advisory body to aid in creating a culture of physical, psychological, and emotional well-being by providing activities and support that will result in healthier lifestyles. Advises on matters related to developing strategies to encourage healthy behaviors in the workplace and creating a health-friendly work environment.

The District recognizes that those represented groups (faculty and classified) are entitled, pursuant to the terms set forth in the Educational Employment Relations Act, to negotiate those matters that fall within the scope of representation. Moreover, it is also recognized that health and welfare may fall within said scope and shall, as required by law, be negotiated with represented groups.

Committee Members:

Tammy Few, Vice Chancellor, Human Resources & Employee Relations

John Geraghty, Controller

Maria Alvarez de Pacheco, Professor, Counseling, MVC

Kara Zamiska, Associate Professor, Psychology, NC

Star Taylor, Associate Professor, English, RCC

Cassandra Greene, Curriculum Program Coordinator, RCC

Guests:

Vanessa Torres, MPH, Senior Health and Wellness Manager, Keenan Well

Michelle Clark, Vice President, Health Management, Keenan Well

Carmen Crane, Senior Account Executive, Employee Benefits, Keenan & Associates

Edwina Cardenas, Benefits Specialist

District Staff:

Rosa Espinoza-Leal, Executive Administrative Assistant

- I. Welcome and Call to Order
- II. Approval of Minutes
 - a. October 6, 2025 Meeting Minutes
- III. Presentation(s)/Guest(s)
 - a. Wellbeing Discovery Session – Keenan Well
 - i. Strategic Intent
 - ii. Wellness Program History
 - iii. Budget & Funding
 - iv. Engagement & Communication
 - v. Next Steps & Conclusion

IV. Updates and Discussion

- a. District Strategic Plan Update
- b. EWB Employee Awareness
 - i. Healthy Picks (Options) – Edwina Cardenas, Benefits Specialist & John Geraghty, Controller
- c. EWB Survey
 - i. Logo
- d. AllOneHealth Presentation, December 1, 2025, 1-2:30pm
 - i. Services
 - ii. Utilization Report

V. New Agenda Item(s)
(None)

VI. Action Item(s) - Assignee, Description/Information, Due Date, Status, Comments
(None)

VII. Next Meeting

- a. December 1, 2025, 1-2:30pm